Joanna Czajkowska

- "Expert advice on air". Today "Expert advice on the air" reportage-wise, because we are at the "More Power - Stop Violence" festival, and with me the President of Pulawy Paweł Maj - Good morning.

Pawel Maj

-Good morning greetings to you.

Joanna Czajkowska

-Mr. President, you have already been participating in the festivities since 10:00 am. You accompany the participants, a very valuable initiative to show that the weak and disabled must have protection.

Paul May

-The weaker, the disabled are among us, they are part of our Pulawan community, but they enrich us here. It really is great fun, there are young people, there are children, there are elderly people, supposedly excluded. I don't see that they are excluded, because it is a great integration. Our City Welfare Center, there are many NGOs, which here are volunteers. Simply the heart grows. The festival has the name "The strength is in us" and there is really a huge strength in us, strength in these people, strength in the residents, strength in this fun, integration that takes place here. Also a huge thank you, especially to the Municipal Social Welfare Center, which applied for external funds, Norwegian funds, and managed to make such a great fest, which is very popular.

Joanna Czajkowska

-I was getting closer to the stage. Now the band "Generation" is performing on the stage and I saw smiling faces. People who are having fun, who are co-participating in the event, on their faces you can see joy, you can see empathy.

Paul May

- Colors of colors that beat from the characters, but from the hearts of these people, from our residents, who came in throngs, in large numbers, of all ages. Great fun, great integration, great atmosphere and such events in Pulawy, such festivals as many as we can wish for. And such integration of being with other people, because it is our inner need to be, to share ourselves with other people.

Joanna Czajkowska

-Mr. President, there are such opinions that the society of our country is aging. Also Pulawy is such a community where there are a lot of elderly people, but elderly people or people with disabilities does not mean at all that they are people who are left on the margins. On the contrary, they can be very active and, as the President said, diversify our community.

Pawel May

-First of all, they share their experience of many years, of life. They have a big message to pass on to us younger people, to show us how to live, despite certain limitations. As I said, despite the supposed exclusions, they are doing great and you can say that they toughen us up with their attitude. They show us how it is possible to cross certain barriers, widespread, go further forward. All this, this is what it serves.

Joanna Czajkowska

-I suspected that the pressure was measured, but I understand that the condition as much as possible to serve and activities and entertainment.

Pawel May

-Everything worked out great, thanks to you who are here, and I wish such pressure to everyone in Pulawy. It is good.

Joanna Czajkowska

-Mayor of the city of Pulawy -Pawel Maj. Thank you sincerely.

Paweł Maj

-Thank you very much.

Joanna Czajkowska

-After the break we return to the conversation.

Joanna Czajkowska

- "Expert advice on the air". "Expert advice on the air" we return after a musical break. We give the floor to the experts this time, Anna Górzyńska, coordinator of the "Strength is in us" project. We are at the festival, Ms. Anna, very colorful, colorful, but let's talk about the idea, because the festival is an event to promote the campaign.

Anna Górzyńska

-Today's festivities mark the beginning of a social campaign called "More Power - Stop Violence." This campaign will be implemented as part of a project financed by the Norwegian Funds and national funds. The project is called "Strength is in us" and we have already told you a little bit about this project in previous broadcasts. What can I say about this campaign? The campaign, as well as the entire project, is devoted to the problem of abuse of the elderly and people with disabilities, that is, this group of residents of our city, who, due to their health, age and various such dysfunctions, are much more vulnerable to experiencing violence and have much greater difficulty in disclosing this problem. I think that here it is worth emphasizing that the elderly are a huge percentage of our city's population. Here we are pioneers compared to other localities in our province. This percentage is about 30%. Here, too, we exceed the national average, including in Pulawy. This is the demographic situation, this is certainly a problem that is being talked about more and more, but I think still not enough, and I am very pleased that we have been able, thanks to these external funds, to carry out such activities, so that I hope to contribute to some extent to reducing the scale of this phenomenon. This campaign is in fact addressed to all residents of our city, because we can all witness violence, neglect, and thus we all have a chance to help counteract this problem, to report such situations to the appropriate institutions and so that there is a chance to intervene, as well as to initiate assistance activities, simply to stop this violence.

Joanna Czajkowska

- There are many side events at the festival, very colorful, colorful, singing. The weather was good, and fears leaves.

Anna Górzyńska

-We were afraid of complications from just the weather. This festival was originally supposed to take place on May 17, but unfortunately then we had a rainy period and had to postpone the festival, today the weather surprised us to the extreme, it is very hot. Our participants, seniors, people with disabilities are hiding in the shade a bit, because the temperature is indeed very high. Probably the highest this season.

Joanna Czajkowska

-Participants are very smiling, they join in the singing, they join in the dancing, and that's what it's all about, to give energy to these people, but it's also about that connection, that generational connection, because even if we don't have an elderly or disabled person in the family, we can be neighbors, we can witness different events. This awareness is hugely important. Yes?

Anna Górzyńska

-Awareness is hugely important, and this event today, as the editor rightly pointed out, has such an integrative dimension. It is fun, there are performances on stage, but in fact we are guided by an important idea, that is, the idea that we want to add power and strength with our presence today to those who need it, who suffer harm from those closest to them. We want to show that they are not alone, that we are creating a kind of coalition against this problem, that there really are many places and many people where this problem can be reported and this help can be obtained, and in a symbolic way we add power by pinning a paw on a specially prepared banner. But it's really about more than just having fun. Also, I hope that throughout this campaign, a number of different activities that we have planned will make the level of knowledge increase. Also, we will want to reach both young people and the elderly. For people with disabilities, we have prepared various lectures, lectures, workshops. We intend to hold a public debate, in which we will also listen to the voices of those to whom this campaign is dedicated.

Joanna Czajkowska

-This campaign is in the autumn,.I understand?

Anna Górzyńska

-No, this campaign actually begins today with this festival. The main activities that we will carry out actually fall in the autumn and winter months. The last event will be a large conference precisely with the participation of both the elderly, the disabled, but also institutions working on their behalf, institutions in the field of violence prevention. We want to all get together and unite, unite in reducing this phenomenon in our city.

Joanna Czajkowska

-Anna Górzyńska, coordinator of the "Strength is in Us" project, and after the break we return to the conversation.

Joanna Czajkowska

- "Expert advice on the air," we return after a musical break, and today "Advice..." have made a guest appearance at the Pulawy Marina on account of the festivities taking place. But the festivities are not only an event resounding with dancing, singing. It is also the cooperation of various entities. With me is Beata Wagner - director of the Municipal Social Welfare Center.

Good morning, Director.

Beata Wagner

I welcome you warmly.

Joanna Czajkowska

-An event that brought together a great number of entities, in the first part I spoke with the mayor of Pulawy, Paul May, so first of all cooperation.

Beata Wagner

-Yes first of all cooperation, this event is unique. Integration fest, as the name suggests, integrates, and this fest integrates many communities in Pulawsk. These are institutions, these are nongovernmental organizations. If we talk about the profile of activities, they are primarily those operating in the social sphere, but also specialized ones, counteracting family violence, domestic violence. In addition to these entities, we work with entrepreneurs. They also appeared here, they also strengthen these activities of ours. We all join together to counter violence against special groups, such as the elderly and people with disabilities. It is important to work together. I always raise this issue of cooperation, of joining together to achieve a common goal. This goal is unique, because it is actually aimed at people with special needs. People such as people with disabilities and the elderly are particularly vulnerable to experiencing violence, and it is most difficult for them to get out of the circle of violence, so it is important for services to focus their efforts to help such people, to educate the local community, to inspire as well as sensitize them to their needs. Today we host a number of entities, including the Pulawy Cultural Center-Dom Chemika, which supported us in the artistic part of the event. We host the Specialized Support Center, we host the School Educational Center, which is our entity and partner in the implementation of activities resulting from the "Strength is in Us" project. We also host the Pulawy District Police Station, which is also an institution that works in the field of safety and for the safety of our residents, the local community. The interdisciplinary team is with us, but various foundations also appear. The "Damy Rada" Foundation helped us organize the catering setting. Bezmiar Foundation, conducted activities for our participants. We also have among our guests; the "Friendly Paw" Foundation, which educates the local community and our festival participants on the proper treatment of animals. Our humanity is also measured by how we treat animals. The Medical Vocational College is with us, conducting workshops, as well as painting the faces of our participants. Of course, it's worth mentioning that we were greatly helped by the Municipal Sports and Recreation Center to organize the event, as well as Pulawskie Real Estate. It is also important that such a festival is an opportunity to integrate various services, various organizations, businesses, but also employees. It would not have been possible to organize, it would not have been in such a form, if it were not for the involvement of the employees of the Municipal Social Welfare Center, and I would like to thank them especially sincerely, that in situations when we carry out such tasks, they rise to the occasion and these events of ours have a unique dimension. And this is incredibly important to me, so I would like to thank all the employees, as well as the services, organizations that supported today's wonderful event, and that is why it is special, because it brings people together.

Joanna Czajkowska

-Wish your director more such events, because we need to show the elderly, disabled people, include them systematically in the community.

Beata Wagner

-Yes exactly. Such people need to feel support, they should feel support from everyone around the residents, neighbors, but also officials and employees of other institutions.

Joanna Czajkowska

-And the last voice in the broadcast today I give the floor to Karolina Mroczek - Chabora, who is the head of the Specialized Support Center on Kollataja Street.

Ms. Karolina, there have already been a lot of voices and from the President and the Director and the lady coordinating the project. I would like us to summarize today's project in such a global way, because aging is a certain inevitable process, disability is also a phenomenon that can actually affect any of us, so this social awareness is important.

Karolina Mroczek - Chabora

- Good morning. Hello, yes, you are right. Social awareness is very important, Polish society is aging at the fastest rate in Europe, even here in Pulawy this percentage of disabled and elderly people is very high. Therefore, in order to meet the expectations and face these social problems of an aging society, we are trying to integrate, strengthen, support this social group. As for people with disabilities and the elderly. We want these people to live well in our city, we want them to feel safe, we want them to feel taken care of, we want the social services we provide to be the full range, the possibilities that the city and the municipality provide. I think we can count today's event as exceptionally successful. Yes, yes, we got the seniors, we got the disabled, the adults and the youth super. I think today's event was super successful and at a very high level, you integrated beautifully, you sang beautifully together. I consider it really such an added value of all this, this joy in people's eyes, something beautiful.

Joanna Czajkowska

-Everyone talked about it. I too noticed a lot of smiling faces and that these people went out into the space and felt important. And that's what it's all about.

Karolina Mroczek - Chabora

- Yes, that they wanted, that they came, that despite initial resistance, they came, they were with us, they danced, they sang. Super, super. I think that today's event is a success for all of us.

- So, I congratulate the enterprise to the Director and also to all those involved. Thank you beautifully. "Expert advice on the air" Joanna Czajkowska, thank you for your attention and invite you to the next broadcast already stationary in the studio.