

A series of lectures for people 65+

on violence against the elderly and disabled and how to get support began on September 19, 2023.

The first to receive educational support were participants of the Day Care Home for the Elderly in Pulawy and participants of the Social Integration Club. The second group, on the other hand, were participants of the Senior Citizen's Club operating within the organizational structure of MOPS in Pulawy.

The lectures were conducted by Mr. Ireneusz Siudem - an experienced psychologist, psychotherapist, scientist. Author of many scientific publications, prevention programs in the field of counteracting social risks, including addiction and violence. Our lecturer spoke about the problem of violence, its essence, forms, mechanisms in an extremely accessible, illustrative way. He also spoke about strategies for dealing with abusive behavior. Participants listened to the lecture with great attention and interest. More meetings ahead.