## Conference within the framework of the social campaign "More POWER - STOP violence".

On December 12, 2023, in the auditorium of the Pulawy Cultural Center "Dom Chemika", a ceremonial conference was held with the participation of the elderly and people with disabilities, as well as representatives of various institutions, services and entities acting on behalf of the above-mentioned groups of people. The event was held under the honorary patronage of Pawel May - President of the City of Pulawy.

The conference was aimed at increasing the knowledge and competence of participants in the field of better understanding of the needs of the elderly and disabled, diagnosis of the problem of violence against them and systemic tools for better protection against violence. Participants were also able to listen to an interesting and inspiring lecture on building one's own potential, needed when working with other people, in a special way - those affected by violence.

The lectures were given by people with extensive professional achievements and experience in countering violence: Ms. Maja Kuźmicz - Manager of the National Emergency Service for Victims of Family Violence "Blue Line" IPZ, Ms. Magdalena Rutkiewicz - President of the Elderly Project Foundation, Ms. Agnieszka Zarzycka - psychologist, certified trainer of psychosocial skills.

During the Conference, the "Strength is in us" Project implemented by MOPS in Puławy was also presented.

The conference was highlighted by vocal performances by a participant of the Day Care Center for the Elderly - Ms. Romana Bacińska, who performed together with Kamila Koszalka, and Mr. Edward Szymanek from the STARsi band, under the direction of Mr. Michał Matras.

Media patronage of the event was provided by: LPU 24, Radio "Impuls", Pulawskaya Community.

Many thanks to everyone for their participation in the Conference and their support in its organization.